

# ENERGY INFORMATION

## *Greetings from Glenn August 2009:*

This year has seen the emergence of the Mother Earth to full life force energy over Dec'08 to Feb'09, from a 20% intensity before Dec'08 to 100% now. The last 4 months has seen significant change forced on humans due to the Mother Earth awakening.

Humans at present are pressured by the high intensity life force energy emanating from the earth. This pressure is causing programmes that regulate energy flow directly to our organs via the chakra system to operate inconsistently. If these programmes cannot regulate energy flow; then organs loose energy and stop doing jobs that are automatic. Organs slowly loss energy and the human experiences discomfort.

The interesting aspect of this programme re-alignment is that when the environmental energy shift occured in early Feb'09, and the human energy fields began to be stressed. Firstly the crown chakra stressed and the sleep deprivation and brain trauma caused a lot of low energy in people at that time (Jan'09 to May'09). As time progressed the flow of re-alignment travelled down the chakra process. Next Brow also associated with sinus and hooping cough symptoms. To the throat chakra more throat and breathing problems (swine flu start). Next heart chakra more low energy and breathing issues linking to digestion and processing through the Hara or stomach chakra...feeling like one has the flu or bordering on depression.

And recently the reproductive chakra change...causing the sex hormones to reduce production to zero...a form of depression WHO CARES!  
Flowing into the base chakra and support issues in life are pressured. Bones low in function feeling physically heavy, spinal misaligned so centre of balance off.

Over all a lot of people feel off!

The programmes are automatically adjusting themselves as would happen in evolution. This level of energy is with us now for ever.

The symptoms that people are experiencing began early this year with low breathing due crown chakra, sinus due brow chakra and throat with that chakrs. (so called Swine flu) Now the pressure on people caused bone strength to reduce causing the body to have to use the soft tissue to a very high level. As a result peoples bodies became heavy and stressed, and experience a lot of soft tissue pain, neck shoulders/lower back/knees. Woman feel a central pain in the middle of the back because how woman carry themselves.

Clients are still attending chiropractors, because the vertebra are misaligning up to 14mm at the skull; and get no relief from the tight back, hip and headaches.

Perhaps the most significant symptom is the loss of sex hormones. The three hormones estrogens/progesterone/testosterone reduce to zero. This causes the person to experience emptiness, lethargy, no motivation, people feel neither male nor female nor human. Relationships break up  
WHAT'S THE POINT! People could be suspected of being depressed.

The pressure on us all is not emotional issues of family or self but a very natural shift in our chakra system. It is the physical affects on the body that can be hospital affect.

Sleep has also been odd in that there are many fluctuations of the Mother Earth energy and they occur between midnight to 5 am. Depends on how unlucky if your body frequency coincides with a broad spectrum sensitivity, you may not be sleeping at all.

Sleep deprivation is a human's worst enemy, slowly the brain turns down and feels flat, and making decisions is very difficult, tempers fray. The lungs, bronchia, pleura, liver, kidneys and pancreas are pressured and fluctuate in their function. Peoples sinus is still affected, symptoms similar to a hooping cough.

If you are suffering! a way to release the stress is to balance or stabilise the programming of your chakra system. A simple meditation..... to see

the connection of chakra to organ is balanced and correct ..... If you have been successful the spinal cord will no longer stress, all the membranes, glands and organs will straight away function to were they were functioning prior to this energy shift, your hip will no longer feel tight.

You will feel light and brighter in the mind and problems rather than Being Mountains become manageable again.

Sanity returns.

Partners are friends.

Do be aware that the Mother Earth will maintain this high energy as a norm, the human frequency is shifting automatically over the coming weeks to compensate for the high energy and not react physically as we have.

So try the meditation,

.....have patients with each other.

.....Use lemon pieces rubbed on the top at the back of your tongue to reduce adrenalin (a helper not cure), **do not make a lemon drink**, the bitter taste triggers the '**OFF**' switch for adrenaline, this will help sleep and slows the busy brain. Hourly if you have to.

.....Use rescue remedy to help release that stressed feeling, use in a glass of water and sip; **not drops on tongue**.

.....Have a nap (a short sleep of one or more hours) when ever possible.

.....If you know what '**Still Point**' is use this as often as possible.

.....use any stress release processes you know **NOW!**